

ECO XTREME ADRENALINE

Costa-Rica-Guide.com — Toucan Maps Inc. — MapCR.com

DAY 1 — VIP AIRPORT GREETING - SJO



Welcome to Costa Rica! Upon arrival at

Daniel Oduber International Airport you'll be greeted by a Toucan Maps Inc./Costa Rica Guide representative who'll help load your luggage into the waiting private transportation. A Private transfer will then be provided to Hotel el Silencio del Campo. Since it's just you and your group the driver will be happy to stop along the way to La Fortuna (Arenal volcano) if you want to photograph the lakeside scenery or get a quick bite to eat.



EL SILENCIO DEL CAMPO (3 NIGHTS)

Surrounded by tropical gardens and a grand view of Volcan Arenal, this La Fortuna hotel has been built around a "small village" concept. The "village" is comprised of private bungalows with two large picture windows, private patio, swimming pools, one for adults and one for children and a full-service restaurant. After a long day of adventuring, you will be able to cool down in the pool or unwind in their private hot spring fed pool. Breakfast included daily.



DAY 2 — HIKING & VIEWING ARENAL VOLCANO

After breakfast and an early afternoon of becoming acclimated with your new surroundings, you will be guided on an easy hike through the rain forest at the base of Arenal Volcano. Your bilingual guide will point out

some of the many wonders of the tropical forest possibly including monkeys and sloths. A clearing at the closest safe observation point is a great spot for a cool drink and with a little cooperation from Mother Nature, you'll see lava spewing from the volcano.

OPTIONAL ACTIVITIES

Hot Springs and dinner options such as Baldi, Ecotermals, The Springs or Tabacon can be added for an additional charge

DAY 3 — RIO TORO RAFTING

Today is an awesome day of explosive adventure, rafting on the Rio Toro. This is a Class III & IV river that will blow you away. Your bilingual professional guides will help you navigate through rushing rapids on one of Costa Rica's premier whitewater rivers. This fun filled adventure is not for the faint of heart, but do not let that discourage you. Safety kayakers will accompany you the whole way. After a fun day on the water, a hearty lunch will be provided.



DAY 4 — LAND-BOAT-LAND TRANSFER TO MONTEVERDE

Why drive when you can do the famous Land-Boat-Land transfer to Monteverde? After being picked up from your hotel, you will be driven to Lake Arenal to meet your boat transfer. This scenic boat ride takes approximately 45 minutes to the other side, where you will meet your awaiting transfer who will bring you to the Trapp Family Lodge in Monteverde.



TRAPP FAMILY LODGE (3 NIGHTS)

Nestled in the cloud forest, the Trapp Family Lodge in Monteverde is the closest lodge to the Monteverde Cloud Forest Reserve. During your stay, you will enjoy a spacious Superior Room with a balcony overlooking the

treetops.



DAY 5 — ATV ADVENTURE!

Today you will go on a thrilling ATV adventure through the hills of Monteverde. Strap on your helmet and hold on tight as we explore the scenic cloud forest countryside. What better way to experience the Costa Rican back roads and trails than on a quad?

DAY 6 — ZIPLINE CANOPY TOUR

Be sure to eat a light breakfast! Today you will go on a high speed, high flying canopy zipline adventure. On this gravity defying adventure, you will soar through the canopy of the cloud forest on 16 separate cables and top off your adventure with a swing on an enormous Tarzan Swing!

DAY 7 — HOTEL PLAYA ESPADILLA (4 NIGHTS)

Transportation will be provided to Hotel Playa Espadilla, located in Manuel Antonio. This is a comfortable, tropical style hotel located within a 2 minutes flat walk to the beach and 3 minutes walk to the entrance of Manuel Antonio National Park. Their very nice Restaurant Puerto Escondido is only for guests.



DAY 8 — BEACH DAY!

Today is yours to explore and enjoy the beautiful beaches of Manuel Antonio. This area is famous for white sand, palm studded beaches that are teeming with wildlife. Top recommendations for exploration

on your own include Biezans Beach and Manuel Antonio Beach (within the park), or just sit back beneath a shady palm and work on that tropical tan.

SURF SCHOOL

Surf School is available for an additional \$65 per person including board rental.

DAY 9 — CANYONING ADVENTURE!

An amazing day of adrenaline fueled adventure awaits you! Today, your bilingual professional guides will lead you to and through the Rio Quebrada de Arroyo on your canyoning adventure. This tour will take you through a tropical canyon in the middle of the jungle. As you and your team make your way through the jungle, guides will assist you through streams, pools and even rappels. After your adventure, a hearty typical lunch will be provided.

DAY 10 — FREE DAY

One last day to perfect that tropical tan or do a little more exploring. Optional tours that can be added include sunset cruise, riverboat rides, rafting, snorkeling, hiking, biking, jet skiing, parasailing, fishing



DAY 11 — ADIÓS ¡HASTA LUEGO!

A Private transfer will bring you back to Juan Santamaria International Airport, scheduled to arrive 3 hours prior to your departing flight. Save some hassle when you're headed home by paying your \$26 departure tax in

advance when you arrive (on the right as you enter the departure area). Thank you for traveling with us and of course ¡Pura Vida!

We've made a couple of lunches and dinners optional to give you the flexibility to explore local restaurants.

INCLUDED IN YOUR COSTA RICA VACATION

- VIP Airport Greeting - SJO
- El Silencio del Campo (3 Nights)
- Hiking & Viewing Arenal Volcano
- Rio Toro Rafting
- Land-Boat-Land Transfer to Monteverde
- Trapp Family Lodge (3 Nights)
- ATV Adventure!
- Zipline Canopy Tour
- Hotel Playa Espadilla (4 Nights)
- Beach Day!
- Canyoning Adventure!
- Free Day
- Adiós ¡Hasta Luego!

- 10 breakfasts

- 2 lunches

Green Season rates apply to all vacations ending prior to Nov. 30, 2009
and May 1 - Nov. 30, 2010

Occupancy	Provided Transport	4x4 Rental
Double	\$1397	\$1398
Triple	\$1196	\$1197
Quadruple	\$1124	\$1128
Single	\$2194	\$2196
Child Under 9 years	\$793	\$748

High Season rates apply to vacations between Dec. 1, 2009 – April 30, 2010
(Contact us for Christmas and Easter week details)

Occupancy	Provided Transport	4x4 Rental
Double	\$1498	\$1499
Triple	\$1247	\$1268
Quadruple	\$1199	\$1199
Single	\$2492	\$2498
Child Under 9 years	\$846	\$785

- Rates are in U.S. Dollars, per person, based on occupancy
- Prices Include Sales and Turismo Taxes
- Car Rental rate Includes Unlimited Mileage, CDW, Mandatory Basic Insurance and Plates, Complimentary Cell Phone with 1 hour local usage.

Example Total Price: \$1,499 per person based on double occupancy arriving Dec. 18, 2009, traveling by rental 4x4 including Taxes, Credit Card Processing and Bank Transfer Fees. No surprises — this is the total cost — please contact us to confirm availability for your dates of travel.



† Toucan Maps Inc./Costa Rica Guide.com is based in Colorado and an accredited member of the Better Business Bureau (BBB) in good standing with an **A** rating.

‡ Pacific Trade Winds S.A. is based in Nuevo Arenal Costa Rica and certified by the Costa Rica National Chamber of Tourism/Cámara Nacional de Turismo (Canatur) and a green member (#900185097) in good standing of the American Society of Travel Agents (ASTA).